



# What is your commitment?

EQUALITY and RESPECT is what I'm  
committed to in my relationships, not  
control and aggression.

**Commitment is a choice and an act!  
I am committed to playing my role  
to end violence against women.**

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# What is your commitment?

I am committed to  
using my words to  
**ENCOURAGE** and  
**SUPPORT**, not harm  
my partner.

**Commitment is a choice and an act!  
I am committed to playing my role  
to end violence against women.**

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